## Level A2 Review Bow Skills



\* No Print Out – See Video

A2.5	* EveryBodyDownUp (all strings)
A2.3	*Bow Games with new bow hold preparation
A2.3	String Crossings 1 (at UH and LH)
	String crossings (at off and Lin)       Image: cross strings       Image:
	cross strings cross strings $\vec{e}$
A2.7	Circles (Fruits & Balls) from the frog
	Watermelon; Set Beach Ball Orange; Set Beach Set Set Set Set Set Set Set Set Set Set
	Grape; Ser Ser Ser Ser Ser Ser Ser
A2.7	Up Bow Circles
	V     V     V     V     V       H##     I     I     I     I       A     - Circle Set     Circle Set     Circle Set
A2.7	Silent Bow Placements (play on all strings)
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A2.9	Rock 'n Roll (String Crossings)
A2.10	Martelé Cycle (with and without finger taps)
	Image: Constraint of the second se
A2.5&6	*Pinky Push Ups (shoulder & from the air)
A2.8 /10	*Tone Production: Bridge Pulls & Soft Thumb
A2.5/11	*Pre-Spiccato – Drop & Bounce (G/D,D/A,A/E)
A2.11	Slow Slithers (all strings, start down & up)
	Start at the frog and play small détaché bows. Travel and reach the tip.