

ViolinPractice Method

Teacher Guide

Level A2.11 Can-Can



WARM UPS

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|-------------------------|---|
| <p>Preview</p> | <p>Can-Can</p> |
| <p>Left Hand</p> | <p>FPF #5 - Matching 4 (A/E)</p> |
| <p>Bow Arm</p> | <p>Pre-Spiccato: Drop & Bounce (GD, DA, AE) Martelé Cycle with taps (A,D)</p> <p style="font-size: small;">Middle to Tip (Tap 4) Tip to Middle (Tap 2&3) Middle to Frog (Tap 1) Frog to Middle (Tap 2&3)</p> |

SKILLS & DRILLS

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|-------------------------|---|
| <p>Preview</p> | <p>The Blue Bells of Scotland</p> |
| <p>Left Hand</p> | <p>Slide on Magic X during open strings (A, E)</p> |
| <p>Bow Arm</p> | <p>Slow Slithers: (EADG)</p> <p style="font-size: x-small;">Start at the frog and play small détaché bows. Travel and reach the tip.</p> <p style="font-size: x-small;">Start at the tip and play small détaché bows. Travel and reach the frog.</p> |

SCALES & ARPEGGIOS

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|-----------------------|--|
| <p>A Major</p> | |
| <p>D Major</p> | |